



**Grades 6-8 Lunch Menu
May 2018**

	Monday 5/7	Tuesday 5/8	Wednesday 5/9	Thursday 5/10	Friday 5/11
Entrée – choose 1 <small>choose 1</small>	*Chicken Drumstick & Waffle (37g) *Turkey Sausage & Pepperoni Pizza (36g) *Fiesta Nachos (36g)	*Salisbury Steak on Bun (34g) *Turkey Corn Dog (30g) **Cheese Stuffed Breadsticks with Spaghetti Sauce (58g)	*Spicy Chicken Patty on Bun (34g) *Pepperoni Pizza (35g) *Taco Salad with Tortilla Chips (27g) & Cornbread (29g)	*Cheeseburger on Bun (26g) *Orange Chicken over Rice (77g) **Toasted Cheese Sandwich (32g)	*Chicken Tenders (12g) & Breadstick (17g) **Veggie Pizza (43g) or Cheese Pizza (35g) *Cook's Choice
	COLD ENTREE **Vegetarian Salad (22g) & Muffin (26-28g)	COLD ENTREE *BBQ Chicken Wrap (39g)	COLD ENTREE **Yogurt Parfait (63-78g) & Muffin (26-28g)	COLD ENTREE *Italian Salad (10g) & Breadstick (17g))	COLD ENTREE *Chef Salad (25g) & Breadstick (17g)
Choose 1 or more	*Green Beans (5g) **Black beans (22g)	*Mashed Potatoes with Gravy (23g) *Brussels Sprouts (7g)	*Corn (17g)	*Potato of Choice (14-37g) *Steamed Broccoli (2g)	*Mixed Vegetables – corn, peas, carrots, green beans, & lima beans (9g) *Hot Peach Slices (28g)


WEEK 2

	Monday 5/14	Tuesday 5/15	Wednesday 5/16	Thursday 5/17	Friday 5/18
Entrée – choose 1	**Veggie Burger (40g) or Hamburger on Bun (25g) *Beef Enchilada Dip with Tortilla Chips (34g) & Cornbread (29g) *Buffalo Chicken Pizza (36g)	**Cheese & Bean Enchilada (42g) **Macaroni-n-Cheese (25g) & Cornbread (29g) *Chicken Patty on Bun (34g)	*Philly Steak & Cheese Sub (33g) *Pepperoni Pizza (35g) *Turkey Sausage & French Toast Sticks (58g)	*Nacho Burger on Bun (26g) *Turkey Divan (33g) & Breadstick (17g) *Cook's Choice	*BBQ Chicken on Bun (34g) **Veggie Pizza (43g) or Cheese Pizza (35g) *Cook's Choice
	COLD ENTREE *Cobb Salad (20g) & Cornbread (29g)	COLD ENTREE *Egg Combo Box (34-59g)	COLD ENTREE **Yogurt Parfait (63-78g) & Muffin (26-28g)	COLD ENTREE **Vegetarian Sub (40g)	COLD ENTREE *Turkey Ham & Cheese Sub (31g)
Choose 1 or more	*Collard Greens (4g) **Black beans (22g)	*Potato of Choice (14-37g) *Green Beans (5g)	*Corn (17g) *Hot Apple Slices (20g)	*Potato of Choice (14-37g) *California Mixed Vegetables – broccoli, carrots, & cauliflower (3g)	*Steamed Broccoli (2g)



WEEK 3

A selection of fruits & vegetables (such as fresh lettuce, tomato, broccoli, and carrots), and 1% low fat white milk (13g) or fat-free chocolate milk (24g) offered for school lunch. A complete meal is free for all students under the Community Eligibility Provision. Grams of carbohydrate in each food listed in parenthesis (g). Nutrient content and ingredients are available upon request. **Meatless food item is available at lunch daily. No pork or seafood offered. Menu subject to change. This institution is an equal opportunity provider. Revised 4/25/2018



	Monday 5/21	Tuesday 5/22	Wednesday 5/23	Thursday 5/24	Friday 5/25
Entrée – choose 1	*Taco Salad with Tortilla Chips (24g) & Cornbread (29g) *Meatball Sub (39g) *Pepperoni Pizza (35g)	*Chicken Nuggets (13g) & Breadstick (17g) *BBQ Beef Rib on Bun (37g) **Cheese Stuffed Breadsticks with Spaghetti Sauce (58g)	*Cheeseburger on Bun (26g) **Cheese Pizza (36g) *Chicken Fajita (39g)	 Ohio Day Chicken Tenders (17g) & Breadstick (17g) **Cheese & Bean Enchilada (42g) *Spaghetti with Meat Sauce (34g) & Breadstick (17g)	*Hamburger on Bun (25g) **Veggie Pizza (43g) or Cheese Pizza (35g) *Cook's Choice
	COLD ENTREE **Vegetarian Salad (22g) & Cornbread (29g)	COLD ENTREE *Cobb Salad (20g) & Breadstick (17g)	COLD ENTREE **Yogurt Parfait (63-78g) & Muffin (26-28g)	COLD ENTREE *Turkey & Cheese Sub (29g)	COLD ENTREE *Crispy Chicken Salad (27g) & Breadstick (17g)
Choose 1 or more	*Corn (17g) **Black beans (22g)	*Potato of Choice (14-37g) *Green Beans (5g)	*Steamed Cabbage (3g)	*Steamed Broccoli (2g)	*Italian Mixed Vegetables – zucchini, carrot, cauliflower, Italian green beans & lima beans (5g)

WEEK 4

	Monday 5/28	Tuesday 5/29	Wednesday 5/30	Thursday 5/31	Friday 6/1
Entrée – choose 1		*Philly Steak & Cheese Sub (33g) *Buffalo Chicken Grab Wraps (40g) *Cook's Choice	*Pepperoni Pizza (35g) *Turkey & Cheese Melt (31g) *Cook's Choice	*Cheesy Chicken Crunch Wrap (57g) **Veggie Burger (40g) or Cheeseburger on Bun (27g) *Cook's Choice	
	MEMORIAL DAY  NO SCHOOL	COLD ENTREE **Vegetarian Salad (22g) & Breadstick (17g)	COLD ENTREE **Yogurt Parfait (63-78g) & Muffin (26-28g)	COLD ENTREE *Egg Combo Box (34-59g)	NO SCHOOL 
Choose 1 or more		*Steamed Broccoli (2g) **Garbanzo beans (20g)	*Corn (17g) *Hot Apple Slices (20g)	*Potato of Choice (14-37g) *California Mixed Vegetables – broccoli, carrots, & cauliflower (3g)	

WEEK 1

A selection of fruits & vegetables (such as fresh lettuce, tomato, broccoli, and carrots), and 1% low fat white milk (13g) or fat-free chocolate milk (24g) offered for school lunch. A complete meal is free for all students under the Community Eligibility Provision. Grams of carbohydrate in each food listed in parenthesis (g). Nutrient content and ingredients are available upon request. **Meatless food item is available at lunch daily. No pork or seafood offered. Menu subject to change. This institution is an equal opportunity provider. Revised 4/25/2018